X CITIZENS OF THE KINGDOM ORTHODOXY X

Purification - Illumination - Glorification

NEW FULL MOON DAY NEWSLETTER

BIBLICAL NEW MOON = THE NEW FULL MOON

"Likewise, the people of the land shall worship at the entrance to this gateway before the Heavenly Father on the Sabbaths and the New moons ..." Ezekiel 46:3

(English Biblical Translations ERROR - in Hebrew - chôdesh from H2318; means the new moon; by implication, a month: - month (-ly), new moon \bigcirc = a beginning of a new month)

THOUGHT OF THE MONTH

Dear Readers,

As I write to you under the light of this waxing Moon, I feel a holy hush around one of the Father's hidden wonders. It is as though a secret of Creation has been entrusted to us for this very hour — the mystery of the hive. HAVE YOU EVER PONDERED WHY THE HEAVENLY FATHER DESCRIBED THE PROMISED LAND AS "A LAND FLOWING WITH MILK AND HONEY"? For years, I read those words as a simple image of abundance. But as time goes on, the Spirit begins to reveal the deeper layers hidden beneath the surface.

MILK REPRESENTS THE NURTURE OF NEW LIFE — THE PUREST PROVISION FOR THE YOUNGEST STAGE OF OUR JOURNEY. HONEY REPRESENTS THE OVERFLOW OF WISDOM AND SWEETNESS GATHERED THROUGH DILIGENCE AND UNITY. TOGETHER, THEY ARE A PICTURE OF THE KINGDOM ITSELF: THE FATHER'S HEART TO BOTH FEED AND MATURE HIS PEOPLE.

Many of us have learned that cow's milk may not be suited for everybody, especially in adulthood. Yet this only amplifies the mystery: perhaps the Scripture was never merely about physical dairy at all. Milk, at its core, is a symbol of first nourishment, pure teaching, and covenant care. Honey, at its core, is a symbol of shared labour, unity, and divine sweetness preserved by the hive. WHEN THE FATHER SAYS "MILK AND HONEY," HE MAY BE INVITING US INTO **SOMETHING GREATER — NOT JUST TO** CONSUME EARTHLY PRODUCTS, BUT TO STEP INTO A SPIRITUAL RHYTHM OF NURTURE AND SWEETNESS, A LIFE OF **PURITY AND COMMUNITY WHERE HIS** WORD IS BOTH FOOD AND DELIGHT.

AND NOW, AS THE HIVE REVEALS ITSELF

— bees building comb, producing wax, secreting venom that heals and wax that shelters — we glimpse a living parable of the Promised Land. In the Kingdom age, we will drink deeply of His pure provision and taste the sweetness of a society built on service and order. The bees already live it.



This month, I invite you to ponder the sting and the sweetness, the milk and the honey, and to ask: Father, what new nourishment are You offering me now? What sweetness are You preparing for the generations to come in Your new kingdom, Yeshua? What beautiful life mysteries await us once we step outside of the confines of our minds...? Allow yourself to start to read between the lines of the book of life - the Bible.

MAY THIS NEWSLETTER BE A GENTLE FORAGING FLIGHT — GATHERING THE NECTAR OF WISDOM HE HAS PLACED IN HIS CREATION, AND BRINGING IT BACK TO YOUR HEART TO BECOME HONEY.

WITH LOVE AND IN HIS SERVICE,



LIVING PURIFICATION ***** ILLUMINATION ***** GLORIFICATION-THE KINGDOM ORTHODOXY WAY



WHEN THE TRUMPET SOUNDS, TRUTH ARISES...COME INTO THE NEW FULL MOON ALIGNMENT. KINGDOM ORTHODOXY IS NOT A RELIGION — IT IS DIVINE ALIGNMENT. IT IS THE PURE ORDER OF THE HEAVENLY FATHER RESTORED ON EARTH THROUGH THOSE WHOSE SPIRITS, SOULS, AND BODIES HAVE BEEN PURIFIED, ILLUMINATED, AND GLORIFIED BY TRUTH.

In this restoration, orthodoxy is no longer measured by church creeds or denominational law, but by obedience to the original pattern — the commandments, covenants, and calendar of the Almighty Father- God YHUH. It is the straight path of the Kingdom, where the FATHER's spirit, His Ruach ha'Qodesh governs thought, word, and action.

When we walk in **KINGDOM ORTHODOXY**, our lives become the living law — not written on tablets of stone but inscribed upon the heart. It is the return to Edenic order: a purified vessel, an illuminated mind, and a glorified body walking in harmony with the Heavenly Father's perfect will.

"...that HE MIGHT SANCTIFY AND
CLEANSE HER with the washing of water by
the word, that HE MIGHT PRESENT HER TO
HIMSELF A GLORIOUS CHURCH, not
having spot or wrinkle or any such thing,
but that SHE SHOULD BE HOLY AND
WITHOUT BLEMISH."
Ephesians 5:26-27 (NKJV)



THIS NEW FULL MOON, ON THE 7th of OCTOBER, WE CELEBRATE THE FEAST OF TRUMPETS

This **NEW FULL MOON** ushers in Yom Teruah — the Feast of Trumpets, Heaven's annual call to awaken, align, and prepare. It is the sacred sound of remembrance — the moment the Bride shakes off slumber and the watchmen lift their voices again.

DECREE:

- I DECREE THAT MY SPIRIT IS AWAKENED by the trumpets of our Heavenly Father.
- I WILL NOT SLEEP THROUGH THIS HOUR OF VISITATION.
- MY EARS ARE OPEN TO THE FREQUENCY OF THE KINGDOM, and my heart responds to the call of repentance, restoration, and readiness.
- I BLOW THE TRUMPET over my household, declaring that confusion, compromise, and corruption must flee.
- The shofar blast over my life ANNOUNCES THE END OF MIXTURE AND THE BEGINNING OF DIVINE ORDER.
- I STAND IN KINGDOM ORTHODOXY PURIFIED, ILLUMINATED, AND GLORIFIED PREPARED FOR THE COMING REIGN OF YESHUA, THE MESSIAH.

"BLOW THE TRUMPET IN ZION, and SOUND AN ALARM IN MY HOLY MOUNTAIN! Let all the inhabitants of the land tremble; for the day of the Heavenly Father is coming, for it is at hand."

Joel 2:1

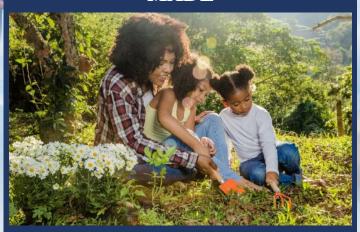
REFLECTION:

THIS NEW FULL MOON MARKS A TIME TO LET THE WORD WASH YOU again – to speak only what aligns with our Heavenly Father's ways, to uproot every false doctrine and internal rebellion, and to reestablish Kingdom Orthodoxy in your home, language, and atmosphere.

AS WE MOVE FROM PURIFICATION (CLEANSING), TO ILLUMINATION (REVELATION), AND FINALLY INTO GLORIFICATION (MANIFESTATION OF LIGHT), WE MIRROR YESHUA'S OWN JOURNEY – THE PATTERN OF THE OVERCOMERS WHO WILL INHERIT THE NEW EDEN. AND AS THE TRUMPET SOUNDS UNDER THIS NEW FULL MOON, MAY EVERY PART OF YOU COME INTO ORDER. LET THE SOUND OF AWAKENING ECHO THROUGH YOUR GATES AND YOUR GENERATIONS. YOU ARE BEING RECALIBRATED – WORD BY WORD, BREATH BY BREATH – INTO KINGDOM ORTHODOXY.

PURIFIED IN WORD, ILLUMINATED IN SPIRIT, GLORIFIED IN PURPOSE — YOU ARE THE SOUND OF TRUTH ARISING.

DO GOOD BY CARING FOR CREATION - HONOUR THE HEAVENLY FATHER BY PROTECTING THE WORLD HE MADE



1. **BE A GOOD STEWARD OF THE EARTH** The world is a precious gift from the Heavenly Father. Care for it with gratitude and respect.

"The earth is the Heavenly Father's, and everything in it."

Psalm 24:1

2. LIVE SIMPLY AND WASTE LESS

Reuse, recycle, and avoid excess. Living simply honours the Heavenly Father and helps others to flourish.

3. PLANT AND NURTURE LIFE

Grow something beautiful—plants, trees, or kindness in others. Each act of care reflects the Creator's heart.

4. TEACH THE NEXT GENERATION

Help children see the wonder of creation. Show them that caring for the earth is an act of worship.

5. GIVE THANKS DAILY

Notice the beauty around you and offer gratitude to the Heavenly Father, the Maker of all.

EACH ACT OF CARE RESTORES HARMONY BETWEEN CREATOR AND CREATION. WALK SOFTLY — IMAGINE YOUR FOOTPRINTS ARE SEEN IN HEAVEN, BY OUR HEAVENLY FATHER.



EXPLORING THE FIRE MEDICINE IN THE HIVE — THE SCIENCE AND WONDER OF BEE VENOM

Bee venom, or apitoxin, is one of the most extraordinary natural substances on earth. It's the clear, slightly acidic liquid that a honeybee injects through her stinger to defend her colony. WHAT APPEARS TO BE AN ACT OF AGGRESSION IS, IN TRUTH, A SACRIFICE OF SERVICE—FOR THE BEE DIES WHEN SHE RELEASES IT.

Within that drop lies a living pharmacy of peptides, enzymes, and amino acids—each designed to awaken repair and restore balance in creation's delicate systems. When diluted and handled correctly, bee venom becomes one of the most potent natural healers known to humankind. It is both fire and balm—a substance that can destroy in excess yet bring regeneration in microdoses.

MAIN ACTIVE COMPONENTS:



1. Melittin (≈ 50% Of The Venom)

The most abundant and studied compound, melittin, is a master regulator of inflammation and immunity. It acts as a natural anti-inflammatory, antibacterial, and even anticancer agent. In balanced amounts, melittin gently stimulates the adrenal glands to release cortisol—the body's own built-in anti-inflammatory hormone. In excess, it can destroy cells, but in microdoses, it triggers renewal and repair, activating the body's innate healing intelligence.

2. Apamin

A small peptide with an extraordinary gift—it can cross the blood—brain barrier, something very few natural substances achieve. Apamin supports nerve regeneration, clarity, and memory, and is now being studied for conditions like Parkinson's, Alzheimer's, and multiple sclerosis. It's the compound that gives bee venom its almost electric quality—awakening the nervous system's inner communication.

3. Phospholipase A₂

An enzyme with dual purpose: it breaks down damaged cell membranes, clearing debris, while also modulating immune response to calm inflammation. It is mildly anticoagulant, meaning it improves blood and lymph flow, helping to flush toxins and restore vitality to the tissues.

4. Adolapin

Often described as the bee's natural painkiller, adolapin inhibits prostaglandins—the same pathway targeted by aspirin—but without the harsh effects on the stomach. It provides gentle pain relief and mood stabilisation, often leaving users with an unusual sense of lightness and balance.

HEALING APPLICATIONS (APITHERAPY):

The use of bee products for healing is known as Apitherapy—a practice that includes honey, propolis, royal jelly, pollen, and venom. Bee venom therapy (BVT) has been used for centuries in Eastern Europe, Asia, and the Middle East to treat chronic inflammatory and immune disorders.

MODERN STUDIES AND ANCIENT WISDOM ALIKE POINT TO ITS BROAD SPECTRUM OF BENEFITS:

- Arthritis and Rheumatism: Reduces joint pain and swelling through its anti-inflammatory action.
- **Autoimmune Diseases**: Helps reset immune balance by calming overactive responses.
- Neurological Conditions: Encourages nerve repair in multiple sclerosis, ALS, and peripheral neuropathies.
- **Skin Health**: Stimulates collagen and elastin production, improving firmness and circulation—one reason bee venom is now used in natural "bee toxin creams."
- Chronic Infections: Weakens bacterial and viral pathogens while strengthening the body's detox pathways.

In traditional systems, bee venom was often called "fire medicine." It was seen as energy that corrects imbalance by awakening dormant life in the tissues, purging stagnation so that healing could begin. Like fire, it destroys only to renew.

THE SACRED PARALLEL:

THERE IS A MYSTERY HIDDEN HERE. THE BEE GIVES HER LIFE TO PROTECT THE HIVE, RELEASING VENOM THAT AT ONCE STINGS AND HEALS. IN THIS WAY, SHE MIRRORS DIVINE DESIGN: JUDGMENT AND MERCY INTERTWINED, LIFE REBORN THROUGH SACRIFICE.

What science now confirms—the regenerative power of melittin and apamin—ancient healers once intuited through prayer and observation. They knew that the sting of the bee, like the trials of life, could awaken what was asleep and restore what was broken.

PRACTICAL NOTE:

Because bee venom is potent, it must be used under trained guidance or with caution through verified topical formulas. **THOSE ALLERGIC TO STINGS SHOULD AVOID IT.** A single micro-drop can awaken much; more is not better. As with all of creation's potent gifts, the power is in balance and respect.

CLOSING REFLECTION:

BEE VENOM TEACHES US THAT HEALING OFTEN COMES IN FORMS THAT FIRST STING OUR COMFORT. Its energy is corrective, not cruel. It purifies by fire, activates by discomfort, and renews by light. What a perfect mirror of the Father's way—truth that wounds before it heals, restoring the body and the soul to their rightful rhythm within creation.

THE LAND OF MILK AND HONEY - THE PROMISE THAT REQUIRES A STATE OF BEING — NOT JUST A LOCATION PIN



Let us dwell this month of October, when we celebrate the original ancient date of the Feast of Trumpets, on this phrase so often spoken without comprehending its full meaning. It is the trumpet signal, and time when the word "rapture" is heard on many lips, which conjures up visions of the perfect place of safety we are being taken to. The Bible speaks of "a land flowing with milk and honey". But what if this phrase is not simply pointing to geography? What if it is also describing a state of being?

The Promised Land begins in the heart — and then it manifests in the soil. Those who carry His covenant inwardly will find themselves drawn outwardly to the sanctuaries He has prepared.

RETURNING TO THE FATHER'S RHYTHM

The entire concept of the Promised Land is built on alignment — not human conquest. In ancient times, every harvest, migration, and Sabbath rested upon the Heavenly Calendar — THE RHYTHM OF THE SUN, THE STARS, AND THE NEW FULL MOON. This was more than timekeeping; it was relational synchrony with the Creator.

When the people fell out of rhythm, the land itself groaned. Crops failed, rivers dried, and hearts wandered. But when they realigned — honouring the Sabbaths, observing the lunar feasts, letting the soil rest — the land responded with abundance.

THIS IS WHY THE PROMISED LAND CANNOT SIMPLY BE A MAP COORDINATE. IT IS A FREQUENCY, A RHYTHM OF OBEDIENCE THAT CAUSES CREATION TO YIELD WILLINGLY AGAIN.

THE LAND IS A MIRROR OF OUR SOULS

In Deuteronomy 8, Moses describes the land as one of "brooks, fountains, and springs" — symbols of internal flow. When our souls are dry, the earth mirrors it. When we are balanced — emotionally, spiritually, and physically — creation resonates.

MILK AND HONEY SYMBOLISE THIS UNION:

- Milk the pure teaching that nourishes infancy.
- Honey wisdom matured through diligence.

When the heart lives in truth and labour joined to grace, milk and honey naturally flow. They are not commodities to harvest, but by-products of alignment.

WHY THE BEE IS A TEACHER OF THE LAND?

The humble bee reveals this principle perfectly. It lives by light, temperature, and lunar rhythm — an instrument of Father's annual order. When the moon is full, the hive hums louder, wax production increases, and the community works in harmony. So too with the remnant: as we tune back into the Father's calendar, the hive of humanity begins to restore order. Each person becomes a worker in divine timing, producing sweetness not through striving, but through resonance.

OBEDIENCE — THE CURRENCY OF THE KINGDOM

Throughout Scripture, the Father ties possession of the land to obedience:

"If you diligently obey My voice... I will set you high above all nations."

Deuteronomy 28:1

The soil responds only to those who walk in truth. In this next age, ownership will no longer be defined by deeds and borders, but by heart alignment. The ones who steward the land will be those who vibrate in righteousness — the soil itself will recognise them.

HOW TO RESTORE EDEN'S FREQUENCY?

Every garden — from Eden to the Goshens.... to the New Earth — operates by the same law: relationship over ownership. We are not masters of the land; we are keepers of its covenant. When our breath, prayer, and calendar move with the Father's rhythm, even the weeds begin to yield. **THE NEW FULL MOON REMINDS US OF THIS DESIGN.** It governs the tides, the bees' wax flow, and the woman's womb. It is the Heavenly Father's reminder that all of creation is still keeping time with its Maker — waiting for humanity to rejoin the rhythm.

THE TRUE INHERITANCE

To enter the Promised Land, we must become the kind of people who can live there. This promise is not an escape from earth but a restoration of it — a return to original harmony. It will require a **PHYSICAL** and **SPIRITUAL SEPARATION**. The Abrahamic inheritance is so much more than just receiving an abundance of our daily needs. The chosen ones who will inherit the sanctuaries of the New Eden will not be those with false power or self-serving wealth, but those who are:

- Truthful in word,
- Steady in obedience,
- Sweet in spirit,
- Guarded in righteousness.
- Mindful in all actions
- Respectful of all of Father's creation and creatures

They will carry the mark of alignment — and unity, in what the truth is that was hidden from humanity on the foreheads. They will have a new **INNERSTANDING**, and their obedience will be visible in their **ACTIONS** of their hands- their day-to-day living.

Their aura and presence will cause the land itself to flourish again. They will once again become one with nature.

IN CLOSING, LET'S REFLECT ...

We should not wait for a rapture or a GPS coordinate distributed by our church; we are already being invited into a frequency of trust. When our inner land flows with milk and honey – pure truth and refined revelation – the physical land will follow miraculously.

The rhythm of the Father's NEW FULL MOON calendar is not superstition or semantics; it governs the pulse of Creation itself. The pulse of the New Eden.

AS WE RETURN TO HIS TIMING, THE PROMISED LAND BEGINS TO BLOOM – FIRST WITHIN, THEN AROUND US.

DECLARATIONS FOR A HEALTHY TONGUE



As we stand beneath this new full moon — a time of illumination, release, and renewal — our Heavenly Father invites us to cleanse not only our bodies and thoughts but also our tongues. The tongue is one of the smallest members of the body, yet it carries immense creative power. With it, we bless or curse, build or destroy, release life or death. This new full moon, we bring our tongues before the altar of the Heavenly Father for purification.

Let these Declarations for a Healthy Tongue restore balance, authority, and light to your words — aligning speech with Spirit, so that every utterance becomes a seed of life.

1. MY TONGUE IS SANCTIFIED

I declare that my tongue is sanctified by the blood of Yeshua, the Messiah. My words are no longer poisoned with death but filled with life, healing, and destiny.

"Death and life are in the **POWER OF THE TONGUE**, and those who love it will eat its fruit." **Proverbs 18:21**

2. MY WORDS BUILD, NOT BREAK

I declare that every corrupt word I have ever spoken is overturned. From today, my mouth builds and does not break; it blesses and does not curse; it gives grace and not grief.

"Let NO CORRUPT WORD PROCEED OUT OF YOUR MOUTH, but what is good for necessary edification, that it may impart grace to the hearers." Ephesians 4:29

3. MY TONGUE IS A TREE OF LIFE

I declare that my tongue is a tree of life. Every word I speak restores hope, strengthens faith, and heals broken spirits in the Name of Yeshua.

"A WHOLESOME TONGUE IS A TREE OF LIFE, but perverseness in it breaks the spirit." **Proverbs 15:4**

4. MY CONFESSION ALIGNS WITH HEAVEN

I declare that my confession aligns with Heaven. As I confess Yeshua as King and Redeemer, my tongue will continually prophesy truth, victory, and salvation.

"If you **CONFESS WITH YOUR MOUTH THE MESSIAH, YESHUA** and believe in your heart that God
the Father has raised Him from the dead, you will be saved."

- Romans 10:9

5. EVERY WORD OF DEATH IS NULLIFIED

I declare that every word of death spoken against my finances, health, relationships, or destiny is nullified. I uproot those words and replace them with decrees of abundance, healing, and fruitfulness.

"You will also **DECLARE A THING**, and **IT WILL BE ESTABLISHED FOR YOU**; so light will shine on your ways." - **Job 22:28**

6. MY MOUTH SERVES NO DARK ALTAR

I declare that my tongue shall never serve altars of darkness. My mouth is consecrated to serve the Kingdom of the GOD of Abraham, Isaac, and Jacob — to speak mysteries, prophecies, and blessings in His Name.

"Out of the **SAME MOUTH PROCEED BLESSING AND CURSING**. My brethren, these things ought not to be so." - **James 3:10**

7. RIVERS OF LIVING WATER FLOW FROM ME

I declare that out of my belly shall flow rivers of living water. My speech carries refreshing, breakthrough, and divine life everywhere I go.

"He who believes in Me, as the Scripture has said, out of HIS HEART WILL FLOW RIVERS OF LIVING WATER."

John 7:38

8. MY TONGUE IS GOVERNED BY THE SPIRIT

I declare that my tongue is under the control of the Ruach ha'Qodesh. I speak with wisdom, restraint, and power, and my words shall bear fruit that remains in every sphere of my life.

"But no man can tame the tongue. It is an unruly evil, full of deadly poison. WITH IT WE BLESS OUR GOD AND FATHER, and with it we curse men, who have been made in the similitude of the Heavenly Father."

James 3:8–9

A CLOSING REFLECTION

Beloved, this New Full Moon, may the light of the Heavenly Father expose every hidden bitterness, sarcasm, or curse that once flowed from our mouths. As we realign with His Spirit, may our speech become a vessel of blessing, creating atmospheres of peace, healing, and Kingdom order. Let your words build sanctuaries, not altars of destruction. Let your voice echo Yeshua's heartbeat – pure, prophetic, and alive with love.

"LET THE WORDS OF MY MOUTH AND THE MEDITATION OF MY HEART BE ACCEPTABLE IN YOUR SIGHT, O HEAVENLY FATHER, MY STRENGTH AND MY REDEEMER." Psalm 19:14

THE HIDDEN WEB: GRAPHENE EXPOSURE & THE CALL TO GUARD YOUR TEMPLES



"Do you not know that **YOUR BODY IS THE TEMPLE OF THE HOLY SPIRIT** who is in you?" **1 Corinthians 6:19 (NKJV)**

In every generation, there are materials that mirror man's desire to become God, the Creator— to manipulate creation instead of walking in harmony with it.

IN OUR AGE, ONE OF THESE MATERIALS IS GRAPHENE — A NEAR-INVISIBLE CARBON LATTICE NOW WOVEN INTO THE FABRICS OF MODERN LIFE, TECHNOLOGY, AND EVEN MEDICINE. WHAT WAS ONCE A SCIENTIFIC MARVEL HAS QUIETLY ENTERED THE HUMAN TEMPLE — OUR BODIES — AND BEGUN INTERACTING WITH THE FREQUENCIES, FIELDS, AND LIGHT THAT SUSTAIN LIFE ITSELF.

This is not to bring fear, but discernment — so the remnant, God YHUH's people, may learn how to purify, ground, and restore the body's natural magnetic order under the Creator's rhythm.

WHAT IS GRAPHENE?

Graphene is a single layer of carbon atoms arranged in a honeycomb-like pattern. It is:

- · 200 times stronger than steel,
- · More conductive than copper, and
- Thinner than a strand of DNA.
- Because of these properties, it's being used in:
- Electronics, sensors, and 5G antennas,
- · Medical injections, ie vaccines, implants, and masks,
- Food packaging, clothing fibres, and even toothpaste,
- Air filters, paints, and water purification systems.

In essence, it has become the "new plastic" of the digital era: almost everywhere, but largely unseen.

HOW ARE WE EXPOSED?

You don't have to work in a lab to encounter graphene. Today, exposure can occur through:

1. Medical and Pharmaceutical Products

Some modern vaccines, drugs, and hydrogel-based delivery systems have been found (in independent analyses) to contain graphene oxide or similar nanomaterials used for conductivity, stability, or tracking.

2. Airborne & Environmental Particles

Graphene nanoparticles are used **in industrial coatings and sprayed materials** (such as certain paints or even atmospheric research dispersions). When inhaled, these particles can lodge deep in the lungs or enter the bloodstream.

3. Textiles and Wearables

Smart fabrics, masks, and athletic clothing may include graphene for "antibacterial" or "conductive" properties — yet direct skin contact can allow nano-absorption.

4. Water & Food Contact

Graphene oxide is increasingly used in **water filters and food packaging**; trace residues may leach into consumables over time.

5. Electronic Environments

Those working around **5G transmitters**, **magnetic fields**, **lasers**, **or microwave-based devices** are especially vulnerable if graphene has already entered their system, as these **FREQUENCIES CAN ENERGISE OR HEAT THE PARTICLES INTERNALLY**.

WHY IS IT DANGEROUS?

Graphene itself is not inherently evil — but when combined with man-made frequencies, it behaves like an antenna. Inside the body, it may:

- Absorb and amplify electromagnetic fields,
- Interfere with cellular voltage,
- Causes oxidative stress (inflammation, tissue heating),
- Disrupt the nervous system or heart rhythm,
- Damage DNA and mitochondria through free radical overload.

Researchers call this "nanotoxicity" — damage not from mass, but from energy interaction at the smallest level.

WHEN THE MOON REVEALS THE HIDDEN

Just as the New Full Moon stirs the tides and draws out what lies beneath the surface, many people feel physical or emotional shifts at lunar peaks. Why? Because our body's electromagnetic field subtly aligns with the celestial one. If foreign conductive particles (like graphene) are present, they too may react — heightening anxiety, sleep disturbance, or body heat.

THUS, THE NEW FULL MOON BECOMES A DIVINE MOMENT FOR PURGING AND REALIGNMENT:

- A time to cleanse, detox, and declare sovereignty over one's own biology.
- A reminder that the true Promised Land begins within a purified inner temple, flowing again with the "milk and honey" of divine design.

EVERYDAY SOURCES WHERE GRAPHENE-BASED MATERIALS MAY APPEAR:

MEDICAL / PERSONAL CARE

- Face masks, wound dressings, and surgical gloves are sometimes coated with graphene oxide for antimicrobial effect.
- Certain vaccines or drug carriers use lipid- or hydrogel-based nano-carriers that can contain graphene derivatives.
- Transdermal patches and some "smart"
 bandages advertise bio-sensing or conductive layers
 check for terms like carbon nanolayer, graphene, or conductive ink on packaging.
- Cosmetics and anti-ageing serums labelled graphene, nano-carbon, or bio-conductor claim "skinenergy" effects.

FOOD & HOUSEHOLD

- Food containers, coffee capsules, and cooking foils may have graphene or nano-silver coatings to prevent odour or mould.
- **Reusable water bottles** sometimes use "graphene filters" verify with the manufacturer.
- Air-purifier filters and vacuum bags that advertise antibacterial nanolayers can release fine particles when replaced.

• **Dish sponges or cutting boards** with "antimicrobial nano-surface" treatments.

WORK & ENVIRONMENTAL EXPOSURE

- 3-D printing labs using graphene or carbon-nanotube filaments — airborne dust is respirable.
- Battery, solar-panel, or electronics factories (graphene used in conductive inks, circuit layers, and sensors).
- Welding, spray-coating, or textile dyeing facilities using graphene composites for strength or conductivity.
- Urban air near heavy traffic brake dust and tyre wear now contain trace graphene and carbon nanostructures.

TECHNOLOGY / EVERYDAY DEVICES

- Smartphones, tablets, smartwatches some use graphene super-capacitors or cooling layers; cracked devices can release fine residue.
- Earphones, hearing aids, VR headsets with "graphene drivers."
- Clothing labelled "graphene-infused" or "anti-odour tech wear." Washing these fabrics may release particles into water systems.
- Electric cars and e-bikes graphene-based battery cooling and sensor plates; workshops need strong ventilation.

CALL TO ACTION

Graphene is nearly invisible, yet present in the modern world. The Father has always given His people ways to cleanse their temple. This is not fear, but stewardship.

STEP ONE: REDUCE FURTHER EXPOSURE

• Practical tips (choose non-graphene masks and clothes, minimise medical products with nanomaterials, air and water filtration, avoid heating food in graphene-coated containers).

STEP TWO: BIND & REMOVE

Natural binders proven to catch nanoparticles and heavy metals:

- Activated charcoal (broad spectrum, works in gut).
- Bentonite or zeolite clay (negatively charged, binds cationic particles).
- Chlorella & spirulina (bind + nourish).
- Modified citrus pectin (gentle, systemic detox).

Explain that the body eliminates most things through the liver-bile-stool pathway; these binders escort toxins out instead of letting them recirculate.

STEP THREE: SUPPORT THE FILTERS

- Liver & gallbladder: dandelion root, milk thistle, bitters.
- Kidneys: nettle, parsley, mineral water.
- Lymph: dry brushing, rebounding, sauna, deep breathing.

STEP FOUR: NEUTRALISE & RE-ALIGN FREQUENCIES

Because graphene can act like a conductor, anything that restores the body's electromagnetic coherence is key:

- Grounding (barefoot on earth).
- Sunlight (UV + infrared recalibrates mitochondria).
- Structured/mineralised water.
- Magnesium & potassium (calm electrical activity).
- Gentle PEMF or opposite-pole magnets under guidance (low field, not high-powered).

STEP FIVE: ANTIOXIDANT & MITOCHONDRIAL DEFENCE

Graphene toxicity is largely oxidative. Protect with:

- Glutathione (master antioxidant).
- Vitamin C (natural chelator).
- NAC (precursor to glutathione).
- Quercetin (stabilises cell membranes).
- Omega-3s (reduce inflammation).

STEP SIX: SPIRITUAL DETOX

Reaffirm sovereignty over your body with prayer/fasting at the New Full Moon or Sabbath; speak life into your cells and revoke any hidden agreements with synthetic systems.

CLOSING REFLECTION

Graphene was man's attempt to recreate divine light in material form – liquid carbon seeking immortality. But only one Source gives true eternal conductivity: the Spirit of the Living God, flowing through a cleansed vessel. As we step back into alignment with His natural law, even our biology begins to sing again in tune with Heavenly Father's frequencies. LET THE BEES, THE MOON, AND THE VERY SOIL REMIND US – CREATION IS READY TO HEAL WHEN WE STOP OPPOSING IT.

HOW TO CREATE A SELECTIVE FARADAY CAGE AT HOME (SAFELY & NATURALLY)

1. SHIELD YOUR SLEEPING AREA FIRST

Why? The body detoxes and regenerates nerves during sleep. EMF disruption at night can trigger hormonal imbalance, nerve damage, and fatigue. How to do it:

- Use **silver-lined or copper-threaded EMF canopy curtains** over your bed (like a mosquito net, but conductive).
- **Ground the canopy** properly to a wall socket or earth rod.
- Alternatively, **hang EMF-shielding fabric on walls** near towers.
- Use a **grounding mat or fitted sheet** under your mattress.

This creates a protective "tent" to let your nervous system fully reset overnight.

2. KILL THE PULSE: TURN OFF WIRELESS AT NIGHT

- Unplug or switch off Wi-Fi routers, smart devices, and Bluetooth when not needed especially overnight.
- Put phones on aeroplane mode and remove them from the bedroom.
- Replace smart bulbs and wireless speakers with **wired options**.

Each step breaks the broadcast pattern and reduces your ambient radiation load.

3. USE EMF PAINT OR FOIL STRATEGICALLY

- Paint a single wall (usually the one facing a nearby tower) with EMF-shielding paint (contains carbon or graphite).
- Line walls or ceilings with aluminium mesh or foil, covered by wood panelling or fabric to make it homely.
- **Shield your electrical panel box** with a copper mesh box or shielding foil.

Focus on the sides of your home closest to towers or high traffic zones.



4. WINDOW DEFENCE — THE OPEN GATE

Glass does not block EMFs. Shield it.

- Use silver mesh curtains, copperinfused films, or even DIY metal screen material to block external EMFs.
- For temporary use: **Aluminium foil** placed behind blinds works.

Your windows act like EMF antennas — block them wisely.

5. USE NATURAL SHIELDING STONES + PLANTS

While not a literal Faraday cage, these offer energetic and ionic balance:

- **Shungite, black tourmaline**, and **hematite** absorb or deflect EMF radiation.
- Place around Wi-Fi routers, bedrooms, and entry points.
- Use grounding houseplants like snake plant, peace lily, or areca palm to help clean the air and stabilise biofield energy.
- Shungite is especially powerful shown to neutralise EMF damage to rats in lab studies.

WARNING! In South Africa, 5G and other cellular towers are officially regulated under ICASA's spectrum licences and safety standards derived from ICNIRP guidelines. On paper, these limits are meant to protect human health. However, a privately formed group of RF engineers and concerned citizens has documented what they believe to be serious irregularities — including excessive tower power levels, patterns of symptoms resembling Havana Syndrome, and the possibility of psychological manipulation through signal modulation.

While no mainstream audit or peer-reviewed study has yet confirmed these claims, the mere potential that our infrastructure could be misused as a weapon has prompted many South Africans to take precautions in their own homes, such as shielding sleeping areas and limiting device exposure at night.

Moon Phase Planting Guide – October 2025

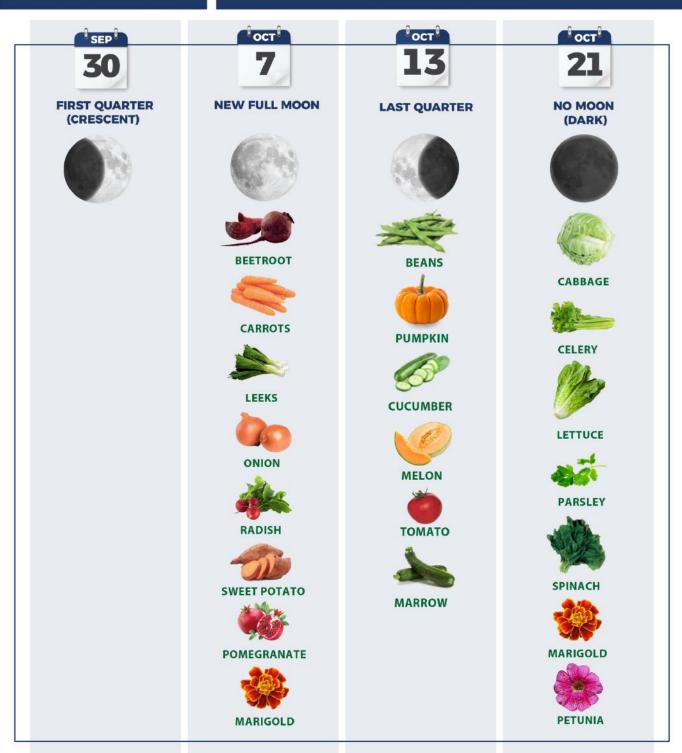
Harness the natural rhythms of creation this month with the Moon Phase Planting Guide. Each lunar phase influences soil moisture, seed germination, and plant growth — making it the perfect companion for mindful gardeners and growers.

By aligning your planting with the moon's natural cycles, you nurture not just your garden, but also your connection to the Heavenly Father's divine design. Let this be a season of growth, gratitude, and stewardship of the earth.

PLANTING CROPS ON THE MOON'S PHASES AFFECTS CROP QUALITY.

The full Moon pushes more moisture into the soil surface, resulting in better seed germination and swell. The new Moon and the first three-quarters of the Moon are ideal for planting because they correspond to periods of increased moisture.

Plants grown during these times are more likely to survive and thrive than plants grown during other times.



PARASITE CLEANSING TEA

While this tea is good to drink on a daily basis, it is particularly effective to drink when the MOON is FULL, as this is when parasites in our bodies are at their most active.

Ingredients:

- 1 cinnamon stick
- 2 cloves
- 1 tablespoon of fresh grated
- 1/2 tablespoon of oregano



Instructions:

- 1. Boil Water: Bring 4 cups of water to a boil in a saucepan.
- 2. Add Ingredients: Add the cinnamon stick, cloves, grated ginger, and oregano to the boiling water.
- 3. Simmer: Reduce the heat and let the mixture simmer for about 10-15 minutes.
- 4. Strain: Strain the tea into a cup or teapot.
- 5. Serve: Enjoy your parasite-cleansing tea hot.



NEWSLETTER POLICY & LEGAL DISCLAIMER

Publisher's Statement:

This newsletter is educational and informational in nature. It represents research, clinical observations, historical analysis, and emerging scientific perspectives that may not reflect current conventional medical consensus.

Medical Disclaimer

The information presented is not intended to replace professional medical advice, diagnosis, or treatment. Readers are encouraged to consult with qualified healthcare providers regarding any medical condition or treatment plan. No part of this publication constitutes individualized medical advice, nor does it establish a provider-patient relationship.

Responsibility of the Reader

All readers remain personally responsible for their own health decisions, treatment choices, and implementation of any information contained herein. Any use of protocols, recommendations, or suggestions is undertaken at the reader's own discretion and risk.

Scope of Content

- This newsletter may discuss:
- Addiction recovery theories
- Natural healing protocols

- Root-cause perspectives
 These topics are provided for educational awareness, not for prescription or medical direction.
- The information is not intended to treat emergency or lifethreatening conditions.

Regulatory Disclaimer

Statements in this newsletter have not been evaluated by any medical board, drug authority, or regulatory body. This information is not intended to diagnose, treat, cure, or prevent any disease as defined by medical regulations.

No Liability Clause

The author, publisher, and all associates disclaim any liability or responsibility for loss, injury, or harm allegedly arising from application of any content contained in this publication. Use of this information is fully voluntary, and any consequences arising from its use are assumed by the reader.

Spiritual & Philosophical Content

Certain aspects of this work include biblical, spiritual, and ancient health principles. These are included as part of holistic healing perspectives and do not imply religious counselling or specific faith-based medical direction.

In short: This is teaching — not treatment. The reader remains fully responsible for all health choices.

Disclaimer:

The information provided in this publication is for educational purposes only and is not intended to diagnose, treat, cure, or prevent any disease. The content represents personal research, clinical observation, and scientific theory which may not reflect the views of conventional medical authorities. Any medical decisions or treatment changes should be made in consultation with a qualified healthcare practitioner. The author and publisher assume no responsibility for the use or misuse of any information contained herein. All readers are responsible for their own health decisions.